

Ultimate Beach Vacation Packing List



ON THE PLANE/CARRY-ON ITEMS

- ☐ Passport
- ☐ Boarding pass (printed or mobile)
- ☐ Travel itinerary/reservations/insurance
- ☐ Wallet with credit cards, ID, medical insurance card and some cash (around \$100)
- ☐ Phone and phone charger (portable is preferable)
- ☐ Ear buds/headphones and a solid playlist
- ☐ Ear plugs
- ☐ Mint or gum
- ☐ Snacks
- ☐ Chapstick
- ☐ A good book, Sudoku or a crossword puzzle
- ☐ Tablet and/or laptop
- ☐ Camera
- ☐ Tissues
- ☐ Water bottle (empty to get past security)
- ☐ Travel pillow and blanket
- ☐ Pen
- ☐ Sunglasses and/or glasses/contacts
- ☐ Sweatshirt or scarf (for that unpredictable cabin temperature)
- ☐ Bathing suit and cover-up (so you can beach it as soon as you arrive)
- ☐ Flip flops (free those feet)
- ☐ A pair of underwear (better safe than sorry)
- ☐ Hand sanitizer
- ☐ Disinfectant wipes
- ☐ Important medications and vitamins
- ☐ House/car keys
- ☐ Travel-size toiletries (under 3.4 oz)

CLOTHING/ACCESSORIES/RESORT-WEAR

- ☐ More bathing suits/swim trunks and beach cover-ups
- ☐ Sandals (beach, walking and fancy restaurant styles)
- ☐ Sneakers (gym and excursions or tours)
- ☐ Dressier shoes (for dinner), long pants (some restaurants may require for men)
- ☐ Sundresses/skirts/maxi dresses (easy and breezy for day and nighttime)
- ☐ Shorts
- ☐ Tops (tanks, tees, long sleeves)

- ☐ Light sweater (for chilly nights or chilly restaurants)
- ☐ Activewear/loungewear/pajamas/leggings
- ☐ Underwear, bras, undershirts socks,
- ☐ Sun hat or cap
- ☐ Beach bag
- ☐ Small purse or wristlet to carry around your phone and room key
- ☐ Jewelry (leave your most valuable pieces at home)

TOILETRIES

- ☐ Tooth-brush and Tooth-paste
- ☐ Dental floss
- ☐ Deodorant
- ☐ Hair brush or comb
- ☐ Curling iron and/or straightener (blow dryers are usually at the resort, but they are not very powerful)
- ☐ Anti-frizz products
- ☐ Hairspray
- ☐ Dry shampoo
- ☐ Hair ties
- ☐ Face wash
- ☐ Sunscreen
- ☐ Aloe
- ☐ Makeup (try waterproof mascara)
- ☐ Makeup wipes/remover
- ☐ Tweezers
- ☐ Razor and shaving cream
- ☐ Vitamins
- ☐ Bug spray
- ☐ Feminine hygiene products

MISCELLANEOUS

- ☐ Travel mug/cooler bottle (to keep your poolside drinks cold)
- ☐ Travel first aid kit (band aids, aspirin, throat drops, etc.)
- ☐ Plastic bags for wet clothes or dirty items
- ☐ Anti-wrinkle spray

